



Building work gets off to a flying start!

Work has started on the extension to the Hermon Community Centre, to create a vibrant new community building, with a large hall, meeting rooms, and first floor office spaces, for the use of the whole community.

The extension will provide enhanced facilities for the current groups using the centre, including the Cylch Meithrin, YFC, Choir, Guides and others. It will give opportunities for new groups to meet, events and courses to go ahead, and local enterprises to use the office space.

The extension has been funded by grants awarded to the community, and is being built to a high environmental standard with a timber frame from Ffosaron Homes and windows from Welsh wood.



Cylch meithrin visit the site

The current phase of work is aimed to be completed by early July, with installation of electrics, plumbing and finishings to follow subject to the timing of a Big Lottery Grant. The main contractors, Enzo's Construction of Carmarthenshire, are keen to work with local labour and suppliers, please contact them on 01269 833885 for details of opportunities.



The generations meet in Hermon

Between January and March this year girls from 1st Crymych Guides, who now meet in Hermon, have been meeting with ladies from Glandwr WI. The sessions were run as part of a project encouraging the generations to come together and work towards a better future.

The girls and the ladies had a lot of fun looking back at the past, imagining the future and sharing skills such as sewing, knitting and beading. Quite a few cakes and cups of tea were also enjoyed. Both the girls and ladies enjoyed these sessions so much that they want to continue their relationship. More craft activities are planned, a joint venture pantomime is shaping up, and some wilder ideas like playing football or camping!

Jasmine Saville from the Environmental Network for Pembrokeshire (TENP), facilitated the sessions. With funds from PLANED and the Rural Development Plan. The success of the project will be shared at an event on Thursday the 21st of April from 6 pm in the Balcony Room, Queens Hall in Narberth. For more info call Bettina Becker at PAVS, 01437 769422, or email bettina.becker@pavs.org.uk

Cwm Arian News

Day trip to CAT



On Sunday a minibus full of local people went to visit the Centre for Alternative Technology in Machynlleth. The Parry family were on the trip and we've asked Elaenor Parry what she thought of the day:

"I always enjoy the journey up there past beautiful scenery. We had a talk from a very knowledgeable member of staff with all sorts of information about renewable energy and technology. It was very interesting to hear about the history of CAT and how it's developed as a centre for learning and research. Although some of the talks were too advanced for the children they enjoyed playing with the hands on activities. A really good day out all round."

For more info on CAT visit their website: www.cat.org.uk

Preseli Green Dragon Tours

Spring is here and we have some special trips you might like to join:

Discover the Secrets of the Eastern Preselis
12th May Suitable for everyone, with a couple of stops to look at places of interest. Cost £5 per head, includes afternoon tea. Repeated due to popularity last year.

Pick up from Hermon Community Centre at 1.30p.m. Return by 4.30 - 5.00p.m.

New Audio Trail Tours of the Preseli Hills, from the Hermon Community Centre. Join us in May:
3rd, 17th May. Pick up at 9.40 a.m.
11th, 26th and 31st May. Pick up at 1.40 p.m.

Children and All Wales Concessionary Bus Pass holders travel free of charge.
Other passengers £5 per person.

Booking essential. Call 0845 686 0242, select option 3. Please leave a message with details of how many seats you wish to book, your name and contact telephone number.

Community Events

Steps-2-Health Pembrokeshire

Tuesdays, from 10:30am, Crymych Leisure Centre
Weekly walking group for fresh air, exercise, socialising. Meet at the end for coffee and chat.

April Walks: 5th Narberth, 12th The Parrog, 19th Mynachlogddu.

Contact Crymych Leisure Centre, or Jacqui on 831545 for more information.

Community Market

Saturdays, 10am-12.30pm, Hermon Community Centre
Local produce and crafts, plants, seeds, breads, cakes and preserves.

Contact Pete on 07854 061690 for info.

Sip and Save

2nd Saturdays of the month, Hermon Community Centre
Coffee morning with Cred Cer, during the community market.

Hermon Gardening Club

Weds April 27th, The Lamb Inn, 7:30pm
A Talk on Dahlias by Hywel Jones, Cwmdu, Llandeilo. All welcome.

Walk to Glandwr

Early May, From Hermon Community Centre
Guided walk with a stop at the eco community at Glandwr. Green Dragon bus back. **831968**

Wildlife on your Patch

Wednesday 8th June, 7-9pm
A guided wildlife walk in the local area with an expert. For more details contact Rupert at PLANED on **01834 860965**

Wind Monitoring Mast

Cwm Arian Renewable Energy have recently put in an planning application for a mast to measure the wind energy on the Trefawr fields in Llanfyrnach over a 12 month period.

For more information please contact the CARE staff on 01239 831968

